



**1489 W. Warm Springs Rd Ste 125
Henderson, NV 89014
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MEET THE CHIROPRACTOR:

Dr. Jason Stirrup was born and raised in San Antonio, Texas. Growing up he always knew he would either follow in his parent’s footsteps by going into the medical field, like his mother who retired as a nurse from the VA hospital, or as a teacher like his father who retired from the Texas public school system as a high school English teacher. Little did he know he would eventually end up doing both. He initially decided to pursue psychiatry, and later on realized there had to be a more fulfilling career waiting for him. So, he earned his bachelor’s degree in psychology with a minor in health, and then he commissioned into the United States Army as an Officer where he would serve 10 years working in logistics, while he patiently waited for the right career to catch his attention.

After returning from a deployment in Afghanistan, Dr. Stirrup recalled seeing the wounded soldiers on the side of the parade field as they greeted the returning soldiers. It was at that moment he knew he had to pursue a career in medicine that would help to rehabilitate people, and give them the best second chance at life.

After leaving active duty, Dr. Stirrup went into the Army Reserves and earned his personal training certification, completed his second bachelors degree in Exercise sports science, with a concentration in Physical therapy, and followed by a third bachelors in Human Biology and eventually his Doctorate in Chiropractic Medicine.

In addition to Dr. Stirrup’s passion for treating patients, he also enjoys education. He teaches part time as an Anatomy and Physiology Professor at Nevada State University. When he is not treating patients and teaching students, Dr. Stirrup spends his free time training and competing in international bicycle races and occasional 5ks, spending time with family, friends, and his beautiful black lab Maddison, as well as finding various avenues to foster his creativity.

Although Dr. Stirrup started, and later pivoted, from his initial desire for psychiatric medicine, he still acknowledges the importance of the brain when treating patients and makes an effort to educate himself and others on the importance of mental health.



Dr. Jason Stirrup

Monday	10:00am – 1:00pm 3:00pm – 8:00pm
Tuesday	10:00am – 1:00pm 3:00pm – 8:00pm
Wednesday	10:00am – 1:00pm 3:00pm – 8:00pm
Thursday	3:00pm – 8:00pm
Friday	10:00am – 1:00pm 3:00pm – 8:00pm
Saturday	10:00am – 3:00pm
Sunday	Closed